

Analysis of the Importance of Basic Nursing in Clinical Nursing

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Abstract: Primary nursing plays a key role in nursing education. In clinical practice, basic nursing is the embodiment of the value of nurses. At the same time as developing professional nursing, we should pay attention to and correct the nursing attitude of basic nursing, make it return to basic education and guide the ability of clinical nursing, so as to improve the ability of clinical thinking and judgment.

Keywords: Basic Nursing; Clinical Nursing; Significance

1. The importance of basic nursing in clinical nursing

Basic nursing quality is the quality of hospital nursing work, is the most basic and important content of clinical nursing work. In seven minutes of nursing work, basic care accounted for the majority. Basic nursing includes patient's life nursing, condition observation, nursing technique operation, disinfection and isolation, department management, etc. The quality of primary care directly affects the improvement and rehabilitation of patients. Basic nursing work is the best physical and mental state to receive patient data and recover as soon as possible.

1.1 Fundamental nursing is the basis of various of specialized nursing

Basic nursing is the basis of nursing in various departments. Clinical nurses must master basic medical knowledge, technical functions and work in order to do professional nursing work.

Taking the observation of vital signs as an example, there are abnormal changes in vital signs. Vital signs observation is one of the important contents of basic lactation. A thermometer on the front page of each case records changes in vital signs. The thermometer records daily changes in temperature, pulse, respiration, blood pressure, defects, inflow and outflow from vent to vent. And provide clinics with first-hand information on disease diagnosis.

Disinfection and isolation. For example, each person is given a needle during the injection, a cup of medicine is exchanged for the wound, and terminal disinfection is administered when the patient is discharged from the hospital to prevent cross-infection and complications.

For example, all field nurses must be equipped with different nursing intervention techniques. During intubation, toxins are absorbed into the intestine, delaying emergency treatment. No matter how good the car is, it will never run. Also, just like with a seriously ill patient in a hospital, a doctor can't do an entire emergency room if a nurse can't open a vein quickly.

1.2 Basic nursing is the key to ward management

A person's life is inseparable from food, clothing, shelter and transportation, and the patient also needs the help of nurses. The department is a caring place that needs a clean, orderly, quiet, comfortable and safe environment in which patients feel at home. This requires intensive care to avoid cross-infection and reduce infection. So as to improve the quality of breastfeeding and achieve the goal of providing quality services.

2. Problems and countermeasures in nursing work

2.1 Existing problems

2.1.1 Operating panel type obsolete

In order to develop the new operation and new business of clinical nursing, some traditional operation techniques, such as vital signs measurement finger-pointing, have been replaced by the new electrocardiograph monitor. Based on the use of previous infusion pumps, micropumps and glucometers, the previous operating plates had to be replaced by generations.

2.1.2 The expiry date of disposable items is ambiguous or expired

Disposable items used in clinical practice are placed in the operating cabinet for a long time, resulting in blurred traditional marks and inadequate inspection, which leads to the expiration of oxygen inhalation tubes, sputum straws, nasal feeding tubes and other catheters and syringes, resulting in a waste of medical resources.

2.1.3 Sterile items expired

The qualified rate of sterile articles is required to reach 100% in grade A hospitals, but the expiration of sterile articles in clinical work still occurs from time to time. Especially during weekends and holidays, nursing staff often do not have a strong sense of responsibility or forget to cause the expiration of sterile items.

2.1.4 Operation items are not added in time

In addition to burning disposable items, the remaining items need to be put on the operating plate after treatment, and immediately add disposable items.

2.1.5 The instrument is not checked and maintained in time

The few cars available can't hold all the emergency supplies. All kinds of night boxes in the operation plate, such as oxygen table, infusion pump, electrocardiograph monitor will not cause failure due to long-term use or long-term placement of the nursing staff often in the negligence of work and the emergency situation of the present teaching material obstacles, delay the first aid of patients, causing medical disputes.

2.2 Countermeasures

2.2.1 Unity and individuality coexist

Nursing technical operation quality control members distribute operation panel types and special professional operation questionnaires to all wards of the hospital. After soliciting the opinions of the parents and the nurses in charge of each ward, and presenting the research to the members of the operation quality control group, it was determined that each ward should prepare 10 kinds of basic operating plates. They are oxygen inhalation, sputum aspiration, oral care, various injections, enemas, aseptic techniques, the use of electrocardiograph monitor, the use of infusion pump, nasal feeding, catheterization. In addition, each ward according to the characteristics of the disease to increase the preparation of 2-4 special operating table items. The use of electric shock, breathing apparatus, baby stroking, newborn bath, PICC tube, etc.

2.2.2 Strengthen responsibility

It is a fundamental requirement for every caregiver to strengthen responsibility from the beginning of their duties. No matter what you do, if you do not have a sense of responsibility, it will not go smoothly. The nursing work often maintains the patient's life, the sense of responsibility is very important.

2.2.3 Setting up a log book for operating panel

Each ward set up a register of items used by the operating panel to record the validity period and expiration period of various disposable items in detail. And by the management of special personnel, responsible person implementation, someone is responsible for the class, reasonable division of labor, work does not leak, regular check according to the nursing department issued goods card timely supplement various items, to ensure effective. At the same time, special items are marked in red pens.

2.2.4 Checking all instruments regularly

The inspection of all kinds of machines includes the performance of all kinds of machines, health, charging, repair immediately after the occurrence of failure, in a conspicuous place to write the repair time of the machine, type, etc., for level alternation.

2.2.5 Placing sterile items at designated points

Sterile items in the operating tray are centrally arranged on the sterile items rack, which are arranged in the order before and after the failure period to facilitate inspection at all levels to ensure effectiveness and reduce the expiration of sterile items caused by disordered placement.

3. Recommendations for implementing quality care

3.1 Optimize the upper operation process and make the operation mode of field program

Apply innovative nursing concepts to clinical nursing, optimize workflow, plan, fix and professionalize work patterns. Depending on the characteristics of the department, the head nurse and the general nurse repeatedly find time to improve and optimize the process so that the nurse can spend more time on the patient's head and conduct medical care. At the same time, the process is more streamlined and programmed to prevent nurses from meeting in the treatment room and on the website, so that all nurses can carry out nursing activities in an orderly manner.

3.2 Assess the patient's self-care ability and carry out life nursing reasonably

The specialist team leader must conduct a comprehensive and accurate assessment of the patient in charge on a daily basis and determine lactation levels based on the patient's condition and ability to care. According to the requirements of "eight categories and Seventeen" issued by the Ministry of Health, patients' living habits and needs should be respected, and patients' breastfeeding should be reasonably implemented. For example, nursing guidance for patients who are critically ill, bedridden and unable to manage their lives, as well as "next-level living care", morning and evening care, sleep, diet, nursing defects, etc. In order to protect patients whose condition has improved, stable and can sit down, the following nursing guidance is "secondary nursing life", to protect them from morning and evening care, bedding, meals. For example, defecation care, if the patient's condition is mild, can manage life alone, encourage patients to take care of themselves, strengthen patient safety management, increase patient self-esteem, trust and confusion, promote patients to recover early.

3.3 Patient integrated health guidance

From hospitalization to discharge, nurses should carry out continuous, complete, seamless and comprehensive guidance based on health, and carry out standardized, personalized and professional health education for patients in real life and

personal symptoms. During the stay, the parents were defeated by the missionary work of the Charity Hospital, introducing the patient to the protector of the King, the environment of the ward, and precautions during the stay, making the patient familiar, familiar, and a sense of home. During the hospital stay, tutors conducted various forms of health education, including personalized health education, centralized and systematic health education, health manuals and other forms of distribution, easily understood using PowerPoint. In order to protect the kidney, improve blood circulation and excretion, diuretic, protect the liver, anti-inflammatory, etc., the guidelines for the use of drugs and for patients who cannot remember the name of the drug have been simplified. This allows patients to understand their medication status. For example, professional guidance and PowerPoint presentations on illness focus on the patient. Images and text are rich and easy to understand. The patient is suddenly enlightened, receptive and responds well. Guardians should also strengthen the evaluation of the effect of health education, and then require patients to master health knowledge. The Hui nationality should investigate the implementation of patients' health behavior, correct patients' bad behavior in time, and strengthen patients' health behavior. Follow-up, activity, and dietary guidance were given to patients after discharge to clarify post-discharge preventive measures and establish a healthy lifestyle.

3.4 Implement bedside care

Reject red light calls, clarify the responsibilities of nurses and laboratories at all levels, and implement hospital beds managed by the active soil conservation office. The nurse starts work ten minutes before every morning and is very concerned about the patients and knows their condition. In the course of patient infusion treatment, the nurse correctly evaluated the infusion time according to the patient's infusion volume and infusion rate, and immediately gave the patient fluid and took it. In the difference between nurses and nurses, nurses contact patients, respond to patients' problems, provide nursing and health care, exchange patients' goodwill in a timely manner, exchange patient confidence with love, and exchange patient confidence with a sense of responsibility.

3.5 Pay attention to patient psychology, carry on nursing intervention in time

Due to the lack of physical health, patients will inevitably affect their mental health. The nurse should strengthen the communication with the patient, understand the patient's social, family, economic and psychological situation, timely solve the patient's worry, anxiety and fear, reduce the patient's ideological burden, actively cooperate with the treatment. In many adults, there are patients diagnosed with uremia. Patients can be affected by sudden loss of health, such as not eating or drinking, very low mood, refusing treatment, and poor conversation with nurses. Nurses patiently from the patient's point of view to persuade and nursing, adjust the patient's psychological state, and actively cooperate with the treatment.

The quality of primary hospital care is directly related to the success rate of treatment for critically ill patients, which is crucial to reducing patient mortality. At the same time, improving the quality of breastfeeding is closely related to the overall image of the hospital, economic benefits and social benefits. As a competitive advanced hospital, we always have a sense of crisis, beyond the management and service standards of higher hospitals. If the professional level is too rigid, we can represent the progress of ordinary troops.

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