Study on the Influencing Factors and Countermeasures of the Elderly

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Abstract: Objective: To study the influencing factors and countermeasures of elderly elderly care services demand. Methods: Our hospital received 274 elderly patients from June 2020 to October 2022 as the study object, and conducted a questionnaire survey on nursing service needs and analyzed the influencing factors combined with the personal information of the patients. Results: According to Logistics regression factor analysis, the cultural level, income status and self-care ability were independent factors affecting the demand for nursing services. Conclusion: In the process of nursing services for elderly patients, their cultural level, income status and self-care ability are the main factors affecting nursing services. Therefore, in the nursing, nursing staff also need to timely from the scientific and function of nursing service, ideological guidance, medical policy and other ways of patients timely ideological guidance and improve their cognition, so as to promote the efficiency of high-quality nursing implementation significantly improved.

Keywords: The Elderly; Nursing Services Needs; Influencing Factors; Improvement Measures

Introduction

In the clinical process of treatment for the elderly, it is not only necessary to take efficient treatment measures, but also necessary to timely implement complementary nursing measures, so as to promote the patients' symptoms can be improved effectively. In reality, some elderly patients often show various reactions, such as refusal, hesitation, and worry, to nursing services, which have a direct impact on the quality and efficiency of nursing, the improvement effect and efficiency of the disease. In order to encourage the elderly patients to readily accept nursing services, it is necessary to timely understand the relevant factors affecting the patients' nursing service needs and formulate corresponding improvement measures. Therefore, this paper will mainly study the influencing factors and countermeasures of the elderly nursing care service needs, which is reported as follows:

1. Data and methods

1.1 General information

Our hospital included 2,274 elderly patients from June 2020 to October 2022,132 men and 142 women, aged 63-84 years, average (72.39 ± 3.45) years. Inclusion criteria: a, patients over 60 years old; b, patients with stable vital signs; c, patients with complete personal data; d, communication ability, thinking ability and social cognitive ability can effectively guarantee patients. Exclusion criteria: a, patients with mental illness; b, patients with obvious resistance to nursing staff.

1.2 Method

All elderly patients were surveyed on nursing service needs and analyzed the influencing factors combined with patients 'personal information. In this process, nursing staff should timely understand the patients' age, gender, cultural level, medical care costs, etc.

1.3 Statistical analysis

$\bar{x} \pm s$ In this study, SPSS21.0 statistical software was used to analyze relevant data. Measurement data was expressed

in (), t was used for measurement testing, and count data was expressed in (n,%)χ^2Test, P <0.05 was considered different and statistically significant.

2. Results

2.1 Compare the differences in the personal information of patients with different needs

There were significant differences in the educational level, income status and self-care ability of elderly patients, P <0.05. (As shown in Table 1 below).

Table 1 contrasts the differences in the personal information of patients with different needs

factor		Have nursing needs	No care needs	t/χ^2	P
Sex (male / female) (132 / 142)		（83/88）	（49/54）	0.024	0.877
Age (year)		72.56±3.53	72.34±3.46	0.737	0.462
cultural standing	Below junior middle school (n=52)	16	36		
	High school, technical secondary school (n=139)	81	58	33.752	0.000
	College degree or above (n=83)	74	9		
Marital Status (Married / Single)		（84/87）	（53/50）	0.140	0.708
Self-care ability (self-care / not self-care)		（29/142）	（85/18）	15.445	0.000
Income status (RMB)	<3500（n=64）	16	48		
	3500-6000（n=114）	71	43	33.752	0.000
	6000 and above (n=96)	84	12		

2.2 Analysis of the factors affecting the demand for nursing services of elderly patients

According to the Logistics regression factor analysis, the educational level, income status and self-care ability of elderly patients are independent factors affecting the demand for nursing services.(As shown in Table 2 below).

influencing factor	β	SE	t	P	OR（95%CI）
cultural standing	6.237	1.956	4.102	0.006	2.394（1.451-12.836）
Income status	6.286	1.974	4.111	0.003	2.412（1.463-12.851）
Self-care ability	5.794	1.832	3.967	0.019	2.365（1.379-12.804）

3. Discussion

In the elderly patients care, patients are usually easy due to various factors to its resistance, resist clinical nursing measures, and then the nursing measures efficient implementation and patients improve efficiency and effect are direct influence, also timely according to the influence factors to take corresponding channel, improve cognitive measures, and patients with disease improve efficiency, effect and emotional state improvement are significantly improved.

Through this study, it can be seen that the cultural level, income status and self-care ability are the main factors affecting the demand of nursing services, and then have a direct impact on the quality of clinical nursing care and nursing efficiency, which is closely related to the cognitive level of patients. The nursing staff need to inform patients for their disease and personal information clinical nursing measures, nursing measures, all kinds of nursing measures, related clinical nursing measures in clinical use, nursing measures for patients, mood and previous daily life comprehensive considerations, etc., thus prompting nursing staff to clinical nursing measures have a more comprehensive understanding and improve its cognition[1]. At the same time, nursing staff also need to inform patients that self-care may have risks, hidden dangers, affected by their own health knowledge level to promote the limitations of nursing measures, self-care efficiency, etc., and then guide patients to conduct timely self-care quality assessment, at the same time, nursing staff timely nursing and not accept the correct nursing guidance of patients self-nursing quality, efficiency comparison and with the help of social case proof, Promote the nursing staff to have a correct understanding of scientific nursing; At the same time, the nursing staff to the patients' self-care ability and inform them in the process of clinical nursing through language narration, action demonstration, video playback and other ways to complete the relevant nursing knowledge, To promote patients to have high-quality health care on the basis of high quality health knowledge and high level of self-care ability[2]. In addition, nursing staff also need to timely to the patient in the process of hospital treatment fees, cure pressure for the current government and social organizations to provide help measures, etc., at the same time to patients share various government policy, social organizations help case, prompting patients trouble back at home can be eliminated in time, and efficient cooperate with clinical care. In the process of communication with patients, nursing staff should also fully guarantee sincerity and sincerity, select appropriate communication skills, closely observe patients' emotional state and personality characteristics, and choose appropriate communication methods. At the same time, guide the previous patients to speak in various ways, so as to strengthen the credibility of elderly patients[3]. In addition, nursing staff also need to timely according to the current implementation of clinical nursing measures for a comprehensive analysis, nursing improvement, to make nursing measures more humanized, appropriate, high quality, systematic, to promote patients to take the initiative to accept and actively cooperate with nursing services[4]。

In the process of clinical nursing, nursing staff also need according to the current implementation of clinical nursing measures for a comprehensive analysis, at the same time the current life self-care ability to give corresponding affirmation, prompting patients can actively cooperate with nursing, and efficient complete daily life nursing, for patients with self-care ability decline also need to give patients psychological comfort and encourage its actively participate in clinical nursing, patients can actively cooperate with clinical nursing measures, and comprehensively improve clinical nursing quality and efficiency. In addition, nursing staff also need to fully respect the psychological characteristics of the elderly and conduct effective counseling and communication according to their psychological state, so as to promote the elderly to maintain a positive attitude full of confidence and hope in life and actively participate in clinical nursing. In addition, it is necessary to timely give corresponding comfort and encouragement according to the patients' economic situation and cultural level, so as to promote patients to gain certain confidence and satisfaction in the process of actively participating in clinical nursing, so as to comprehensively improve the enthusiasm for clinical nursing. In short, in the process of clinical care, elderly patients are easy to affect their actual life self-care ability and social cognition level caused by various factors, and then have a serious impact on their real life. In order to effectively improve the elderly patients' own nursing ability, self-care ability and social cognition level, we should pay comprehensive attention to humanistic care and psychological counseling for elderly patients, and on this basis, conduct effective psychological counseling and care for elderly patients through various ways and

ways. In addition, in the process of clinical nursing, it is necessary to timely give corresponding humanistic care and psychological counseling according to the cultural level and economic status of elderly patients, so as to promote patients to actively participate in clinical nursing. In addition, it is necessary to take full account of the physiological characteristics and living habits of the elderly, make a comprehensive assessment of their self-care ability, and choose appropriate clinical care measures.

In conclusion, the educational level, income status and self-care ability are the main factors affecting the demand for nursing services. Therefore, in the nursing, nursing staff also need to timely from the scientific and function of nursing service, ideological guidance, medical policy and other ways of patients timely ideological guidance and improve their cognition, so as to promote the efficiency of high-quality nursing implementation significantly improved.

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