

Research on Training Strategies of Professional Quality in Nursing Education in Higher Vocational Colleges

Tao Cheng

Leshan Vocational and Technical College, Leshan 614013, China.

Abstract: Through specific research, the importance of professional literacy training and the shortcomings of existing training strategies are found. Based on this, this study puts forward a series of strategies, including practical teaching, professional ethics education, professional norms training, etc., in order to improve students' professional quality level. These strategies are expected to provide useful reference for higher vocational nursing education and promote students' career development.

Keywords: Higher Vocational Nursing Education; Professional Quality; Cultivation Strategy

Introduction

The purpose of this study is to explore how to cultivate students' professional quality in vocational nursing education, and to provide reference and guidance for improving nursing staff's comprehensive quality and professional ability.

1. The importance of professional quality training in higher vocational nursing education

Professional quality refers to the comprehensive quality of professional ethics, professional skills and professional attitude in the professional field. In the nursing profession, the cultivation of professional quality is very important to improve the professional level of nursing staff, improve the quality of service and ensure the safety of patients. Firstly, the cultivation of professional quality can improve the moral level of nursing staff. Nursing work requires a high degree of ethics and professional ethics, including respect for patients' privacy and dignity, protection of patients' rights and interests, and compliance with professional ethics. By cultivating professional quality, nursing staff can better understand and practice these moral requirements and improve their own moral level. Secondly, the cultivation of professional quality is helpful to improve the professional skills of nursing staff. Nursing work needs to master certain professional knowledge and skills, including nursing operation, condition observation, medical record and so on. By cultivating professional quality, nursing staff can effectively understand and apply these professional knowledge and skills to improve their nursing level. In addition, the cultivation of professional quality can shape the correct professional attitude of nursing staff. Nursing work requires a positive work attitude, responsibility and team spirit. By cultivating professional quality, nursing staff can better establish correct professional concept, cultivate positive working attitude, and improve their professional quality^[1].

2. Specific training strategies

2.1 Practical teaching

Practical teaching is an effective teaching method, which can cultivate students' practical ability and vocational skills by letting them participate in nursing work. One way to do this is to organize student participation in clinical practice. In this course, students are exposed to patients in a real healthcare setting, learning to communicate, collaborate, and solve problems with patients. Clinical practice allows students to experience the real situation of nursing work and understand the specific requirements and challenges of nursing work. During the internship, students observe and learn the working

styles and techniques of professional nurses, thereby improving their nursing skills. In addition, through communication and interaction with patients, students learn how to build a good relationship with patients and provide effective care services. During the internship, students face a variety of practical problems and challenges, such as dealing with emergencies and responding to emergencies. By solving these problems, I can improve my problem-solving ability and adaptability^[2]. In short, through practical teaching, students can learn and apply nursing knowledge and skills in a real medical environment, improve their practical operation ability and vocational skills, so that students' professional quality can be strengthened in practical teaching, and only when professional quality is strengthened can they devote themselves to the follow-up work. In short, through practical teaching, students can learn and apply nursing knowledge and skills in a real medical environment, improve their practical operation ability and vocational skills, so that students' professional quality can be strengthened in practical teaching, and only when professional quality is strengthened can they devote themselves to the follow-up work.

2.2 Value education

Values education plays an important role in cultivating students' correct professional ethics and professional ethics. In order to achieve this goal, the students should be guided to establish correct career concept by carrying out professional ethics education courses. The course includes an explanation of the basic principles and values of professional ethics, as well as the specific application of professional ethics in different professional fields. In the course, by explaining the professional ethics requirements of the medical industry, students are guided to think deeply about the respect, care and responsibility of patients. Through the introduction of professional ethics and codes of conduct in the medical profession, students are helped to clarify their roles and responsibilities in the medical profession, and inspire them to care for patients. In addition, through case analysis and discussion, students are guided to correctly deal with professional ethics dilemmas. Through the analysis of real cases of professional ethics issues, students learn about the application and challenges of professional ethics in practical work. During the discussion, share your own views and opinions, and exchange and debate with others to improve their work ethic. In addition, through case analysis and discussion, students are guided to correctly deal with professional ethics dilemmas. Through the analysis of real cases of professional ethics issues, students learn about the application and challenges of professional ethics in practical work. During the discussion, share your own views and opinions, and exchange and debate with others to improve their work ethic. Through the above methods, students can effectively cultivate the correct professional ethics and professional ethics, which helps students establish the correct professional concept, and enhances the respect, care and responsibility for patients. Moreover, through case analysis and discussion, students learn to correctly deal with professional ethics dilemmas and improve their professional ethics. Such education is of great significance for students' future career development and cultivation of social responsibility awareness.

2.3 Teamwork

First, organize students to participate in team projects. These projects can be simulated medical scenarios where students take on different roles such as doctors, nurses, technicians, etc. In the project, students need to work together to coordinate their respective tasks to achieve the best care results. Through such training, students learn to listen to others, understand the needs of different roles, and be able to communicate and coordinate conflicts effectively. Then, engage in team discussion and reflection. In these activities, students share their teamwork experience and feelings, and discuss the problems encountered in teamwork and solutions. Through reflection, think deeply about your own performance in the team, find your shortcomings, and look for ways to improve. Such discussions and reflections can help students better understand the importance of teamwork and stimulate their sense of teamwork and spirit of cooperation. Third, organize students to participate in team building activities, including team development training, team cooperation games, etc. In the activity, students interact and cooperate with other team members in a relaxed and pleasant atmosphere, helping students to build trust and friendship, and enhance team cohesion and cooperation ability. Finally, the team cooperation evaluation mechanism is introduced to quantify and evaluate students' team cooperation ability through regular team cooperation evaluation. The assessment includes aspects such as students' performance in a team, communication and coordination skills. Through the evaluation results, the shortcomings of students are found in time, and targeted training and guidance are

provided to help them continuously improve their teamwork ability. Through the implementation of the above methods, the students' teamwork ability can be effectively cultivated, so that they can effectively cooperate with other medical staff and provide quality nursing services. Such teamwork training will help students learn to listen to others, communicate effectively and coordinate conflicts, and cultivate their team sense and cooperation spirit.

2.4 Lifelong learning

Offering continuing education courses, the school regularly organizes various continuing education courses covering knowledge and skills in different professional areas. These courses are taught by teachers within the school or by external professionals to ensure that students have access to the latest academic research and practical experience. Organize academic exchanges. The school regularly organizes academic exchange activities, including academic lectures and seminars. Renowned scholars and experts from home and abroad are invited to share their research results and academic views, stimulate students' learning interest and broaden their academic horizons. Participation in academic research, the school encourages students to actively participate in academic research projects, students cooperate with teachers or other researchers, participate in specific research work, improve their research ability and academic level. The school has set up an incentive mechanism to encourage students to actively participate in academic research, and to recognize and reward their research results. Provide learning resources, establish and improve the library, laboratory and other learning resources, provide students with a good learning environment and conditions, purchase academic journals, databases and other learning resources, so that students can get the latest academic information anytime and anywhere. Cultivate students' awareness of active learning through the reform of curriculum and teaching methods. For example, the introduction of problem-oriented learning methods allows students to actively acquire knowledge and skills in the process of solving practical problems, and encourages students to participate in academic competitions, scientific and technological innovation projects and other activities to cultivate their independent learning and innovation capabilities. Providing career development guidance, the school provides career development guidance and consulting services to students, helps them plan their career development path, invites industry experts to give career lectures, shares the latest trends of the job market and employment skills, and helps students better adapt to the needs of career development^[3].

3. Conclusion

In conclusion, the study of vocational literacy training strategies in vocational nursing education can improve the level of professional literacy of nursing students and cultivate nursing talents with more professional ability and moral literacy, which not only improves students' learning ability, professional ability and professional literacy, but also improves the overall professional level of nursing professionals.

References

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About Author: Cheng Tao (1982-), gender: female, nationality: Han, native place: Pingyao County, Shanxi Province, job title: Lecturer, education: Master, institution: Leshan Vocational and Technical College, research direction: Nursing